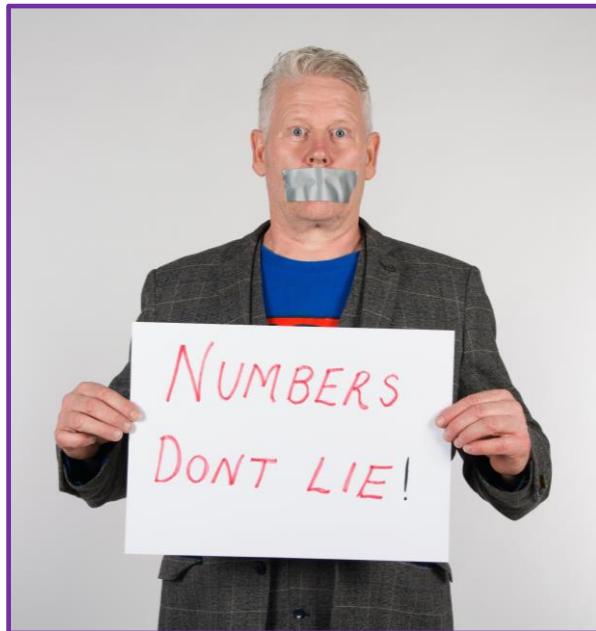


HEALING PROGRAMME GUIDEBOOK (THE 5-STEP PROCESS & CASE STUDIES)



*Helping Healers & Practitioners to Detect
Potential Deep-Seated Trauma & Abuse
Through the Power of Numerology*

Devised by
**Stephen Kirkbride
& David Orrey**

Section 3 ~ How To Use The Colour Coded Charts to Spot 'Potential' Trauma/Abuse

How To Use The Pack

From the 12 life path charts, 9 birthday number charts and the 26 alphabet charts, it's the areas highlighted in **red** that you need to pay particular attention to. The **red** notes and charts represent the vulnerability to be abused/taken advantage of.

5 Step Process

Step 1 ~ Obtain Client Details

Ask the client for their full name and date of birth, if you can get these prior to the appointment even better as you can do a numerology assessment prior to them arriving. Most people should be ok with this as they generally understand there is an assessment process prior to any treatment or healing.

Step 2 ~ Establish Their Life Path Number (chart set 1)

Work out your client's life path from their date of birth and refer to the corresponding life path chart. This will give you an immediate overview of their general traits giving you a good understanding of the type of person you are dealing with.

Does the chart have a predominantly **RED** number (**2, 7 or 9**) or the odd **RED** note? If it does, pay attention, this signifies a **potential problem**.

Step 3 ~ Establish Their Birthday Number (chart set 2)

From the day of the month they were born, look at the appropriate birthday number chart. This will give you a good insight into their personality.

Once again, does the chart have a predominantly **RED** number (**2, 7 or 9**) or the odd **RED** note? If it does, pay attention, this signifies a **potential problem**.

Step 4 ~ Count the **RED** Letters in Their Name (chart set 3)

Now go through their full current name and look at all the corresponding letters, a glance at the letter traits will give you a further insight into the person.

Count how many of the **7 RED** letters (**B, I, O, R, S, T or X**) are in their full name?

IMPORTANT NOTE: *Having the same letter more than once intensifies the energy, however, we are only looking to count how many of the above 7 letters they have.*

Did you get more than **3 or more RED** letters? If you did, pay attention, this signifies a **potential problem** (the more qualifying letters, the higher the potential).



Step 5 ~ Client Assessment Criteria

If your client has either...

- i) a **2, 7** or **9** life path.
- ii) a **2, 7** or **9** birthday number.
- iii) **3** or **more** of the following letters **B, I, O, R, S, T, X** in their full name
- iv) Or they have a key **red** note in their life path (life paths 1, 5, 6 & 11 only) and you feel (using your intuition) there may be an underlying issue.

...they **qualify** as a 'potential' abuse victim

And if they qualify, you need to directly and diplomatically ask 'THE QUESTION' to find out if there an underlying problem that needs healing.

Key notes:

i. Of the 4 qualifying criteria, i) and ii) are the strongest qualifying indicators, following by iii) and finally iv) which is more about an awareness and using your intuition about whether there could be an underlying problem.

*ii. If your client qualifies in category i) and/or ii) you should **always** ask 'the question'.*

iii. If your client only qualifies on either iii) or iv) and nothing else, this is low risk but could be an indicator, so again use your intuition on whether to ask 'the question' about underlying problems.

iv. If your client qualifies in more than one of the above 4 criteria, the potential of being an abuse victim, increases as shown in the risk levels below.

Qualifying potential risk levels

Anyone who qualifies in **3** of the criteria ~ **Higher Risk** of potential trauma/abuse.

Anyone who qualifies in **2** of the criteria ~ **Medium Risk** of potential trauma/abuse.

Anyone who qualifies in **1** of the criteria ~ **Lower Risk** of potential trauma/abuse.

Hopefully, there isn't any underlying abuse/trauma to uncover with any qualifying clients. If there is, hopefully you can draw it out with some delicate questioning, so the appropriate healing process can be instigated as required.



Case Studies

Accompanying video 6 you can see the video case study [here](#)

Case study 1 (as shown in video case study)

Sarah Fox
6th March 1971

9 life Path ($0+6+0+3+1+9+7+1 = 27$ then $2+7 = 9$)
6 Birthday Number (born on 6th)
4 qualifying letters (S, R, O, X)

Category ~ **Medium Risk** (2 qualifiers) definitely ask 'the question'

Case study 2

Stephen William Kirkbride
30th December 1964

8 life Path ($3+0+1+2+1+9+6+4 = 26$ then $2+6 = 8$)
3 Birthday Number ($3+0 = 3$)
4 qualifying letters (S, T, I, R)

Category ~ **Low Risk** (1 qualifier), **your call?**

As you can see there are no problems with my life path or birthday numbers, but I do qualify on the letters with 4. Low potential risk but still qualifies and worth asking 'the question' if you feel I may have an underlying issue.

Case study 3

Louis Richard Christianson
9th December 1995

9 life Path ($0+9+1+2+1+9+9+5 = 36$ then $3+6 = 9$)
9 Birthday Number (born on 9th)
5 qualifying letters (O, I, S, R, T)

Category ~ **High Risk** (3 qualifiers) definitely ask 'the question'

This is based on a real-life case (name changed but still qualifies on multiple letters). The person had major childhood problems, including multiple suicide attempts.



Case study 4

Caroline Louise Flack
09th November 1979

1 life Path ($9+1+1+1+9+7+9=37$ then $3+7=10$ then $1+0=1$)

9 Birthday Number (born on 9th)

4 qualifying letters (R, O, I, S)

Category ~ **Medium Risk (2 qualifiers)** definitely ask 'the question'

Final Words

Can I recommend that...

- i) You print off this guidebook, so you have quick access to all the charts.
- ii) Practise doing some readings on your family and friends do become familiar with working out life paths and birthdays numbers.

As you become more familiar with the general traits of the life paths and birthday numbers, you'll know what type of person you are going to be dealing with, before they walk in the door.

You'll understand who they are (personality wise), why they act the way they do and be able to adapt your communication accordingly, which is a nice skill to have 😊.

Finally

I wish you every success with using this pack and sincerely hope it has the desired effect of helping those clients who really need it and equally, adds lots of value to you and your practise.

If you get stuck or have a burning question, please don't hesitate to get in touch with me.

Love & blessings

Stephen

