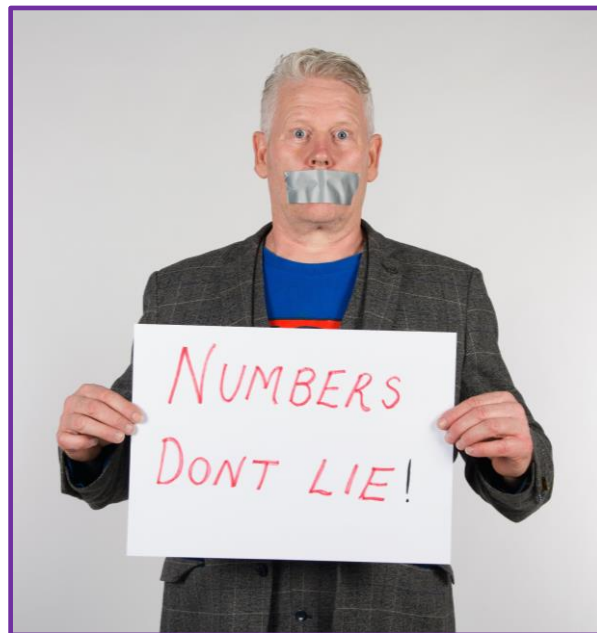


HEALING PROGRAMME GUIDEBOOK (CHARTS ONLY)



*Helping Healers & Practitioners to Detect
Potential Deep-Seated Trauma & Abuse
Through the Power of Numerology*

Devised by
**Stephen Kirkbride
& David Orrey**

The 12 Life Path Number Charts (chart set 1 of 3)

Here are the key traits of all 12 life paths and the key healer notes for each one.

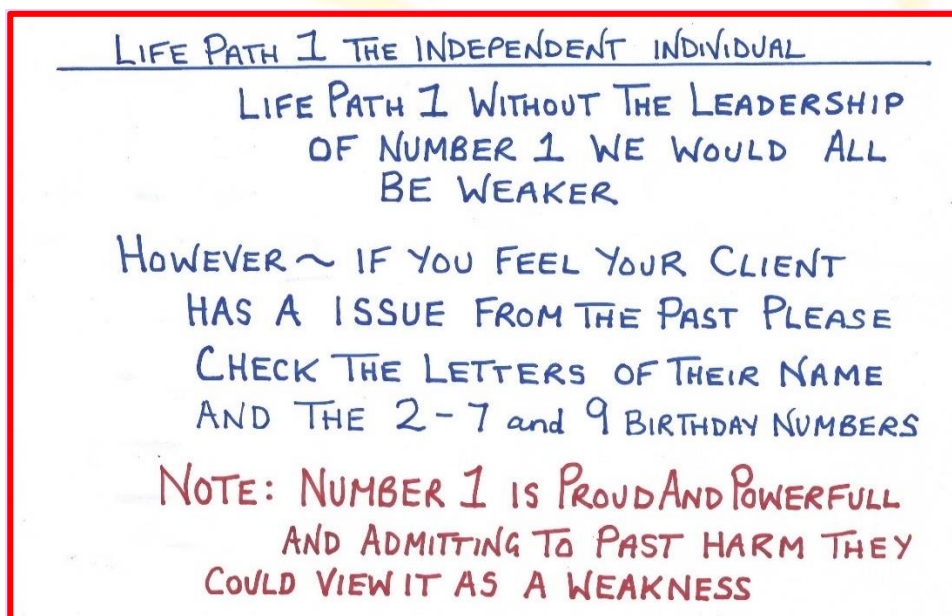
The **healer key notes**, and any **RED** writing denote the vulnerable areas to look out for. I'll walk you through how to use it to spot the vulnerability for potential abuse, when we get to section 3.

Accompanying video 2 – on this video I'll walk you through each life path [here](#)

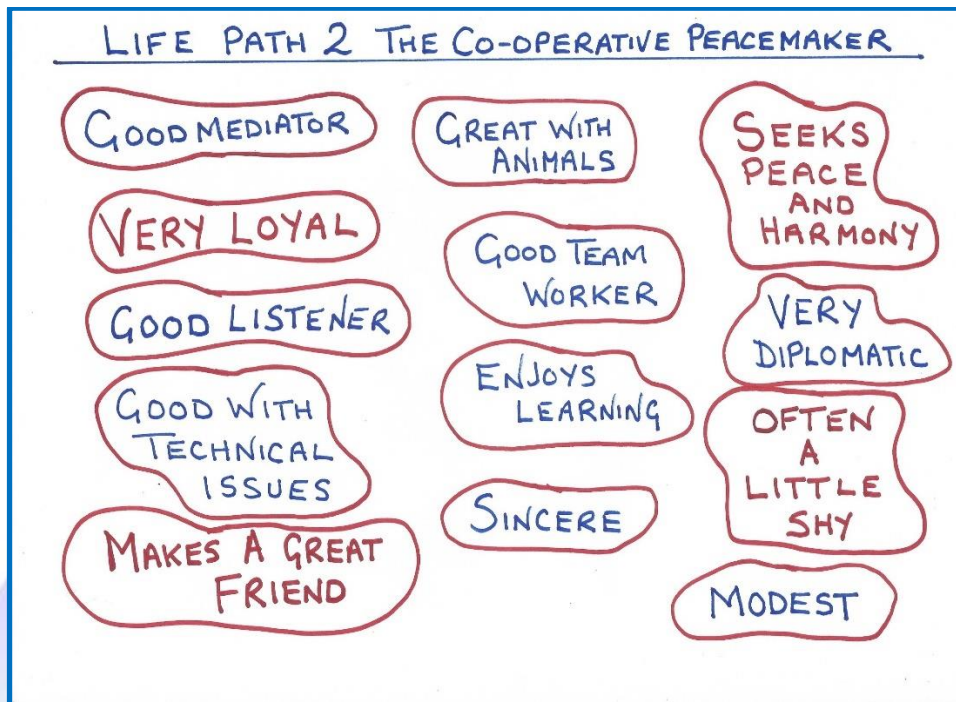
Life path 1 ~ The Independent Individual, here's a snapshot of their general traits:



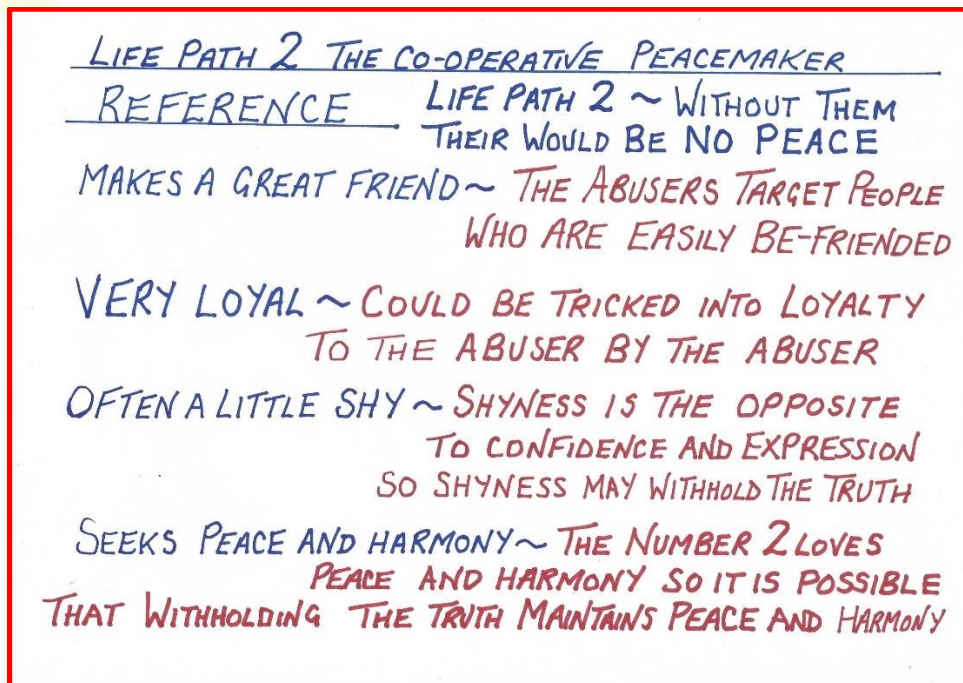
Life path 1 ~ Healer Key Notes (n.b. **RED** note below);



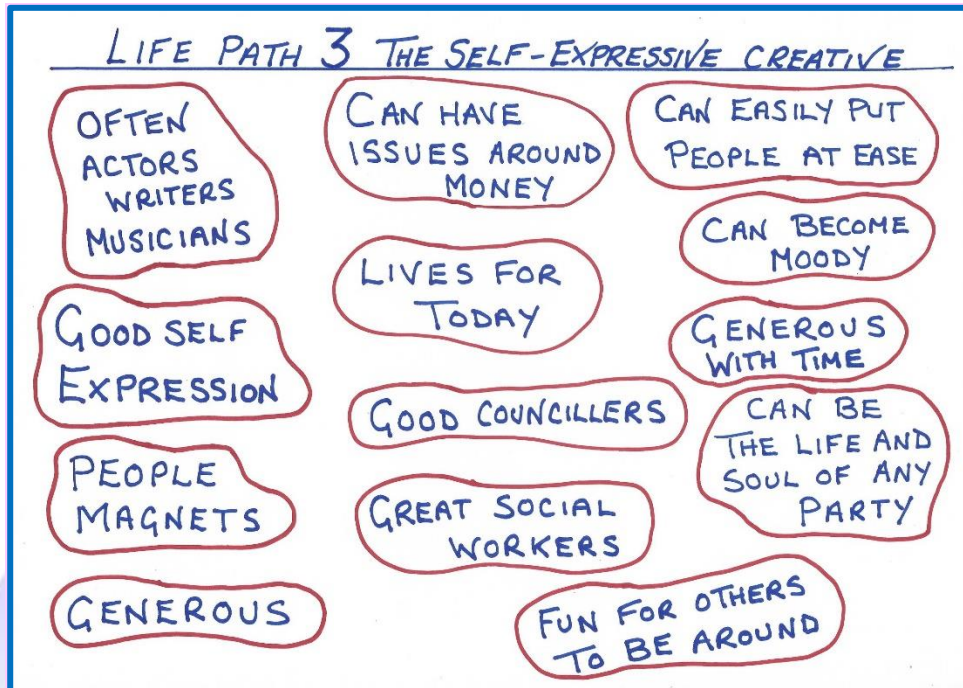
Life path 2 ~ **The Cooperative Peacemaker**, here's a snapshot of their general traits:



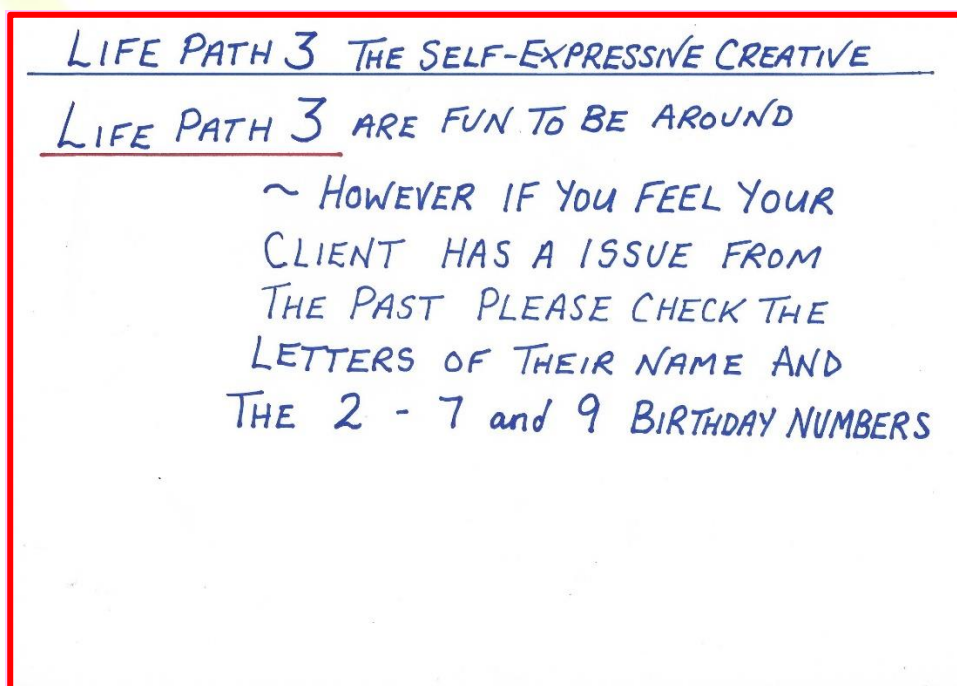
Life path 2 ~ **Healer Key Notes**;



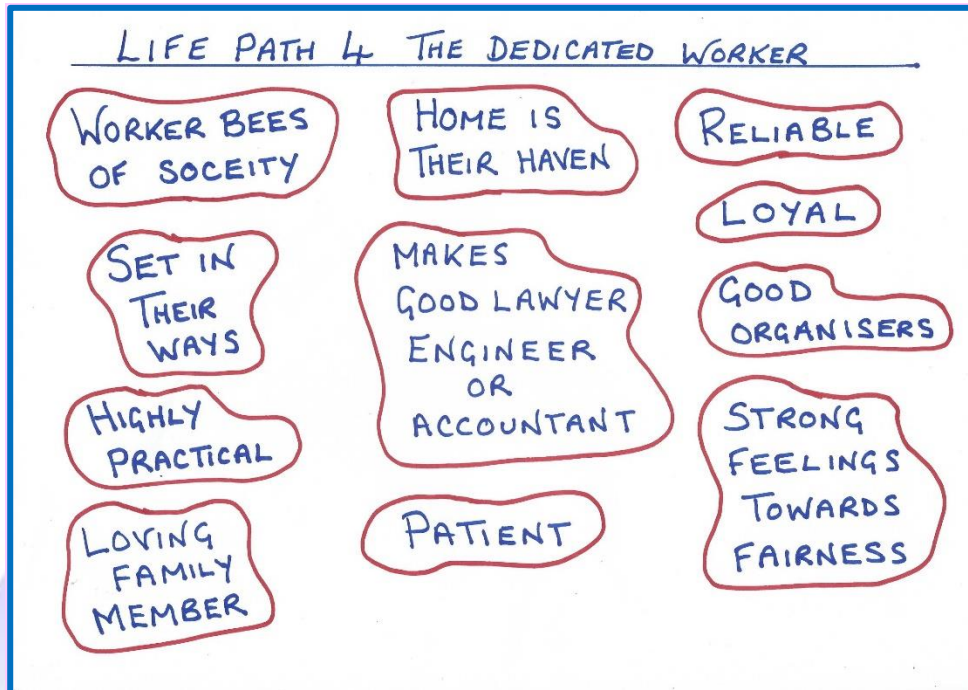
Life path 3 ~ The Self Expressive Creative, here's a snapshot of their general traits:



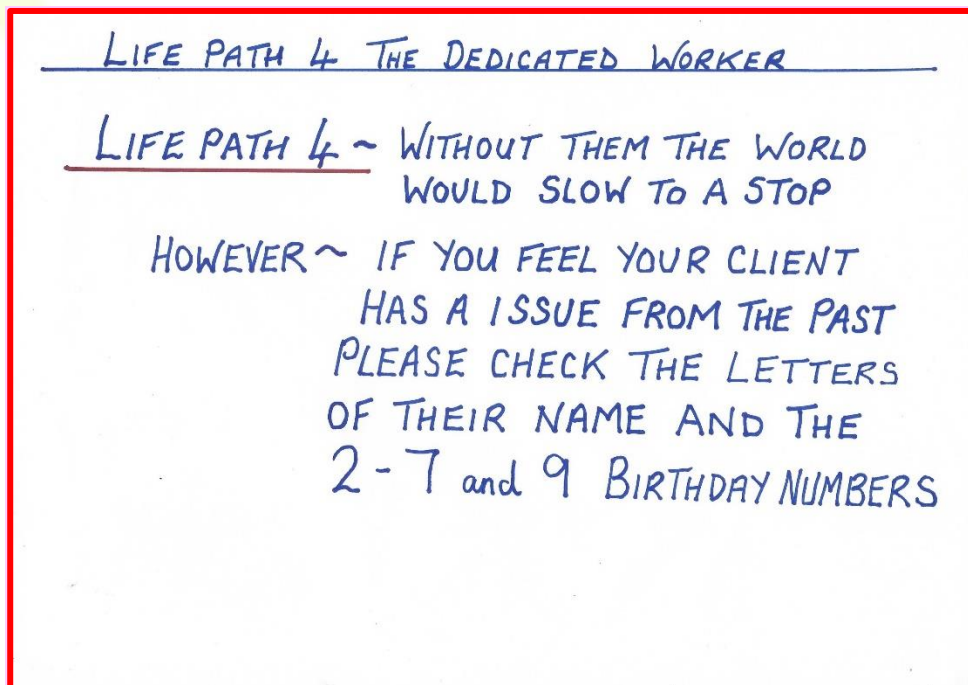
Life path 3 ~ Healer Key Notes;



Life path 4 ~ The Dedicated Worker, here's a snapshot of their general traits:



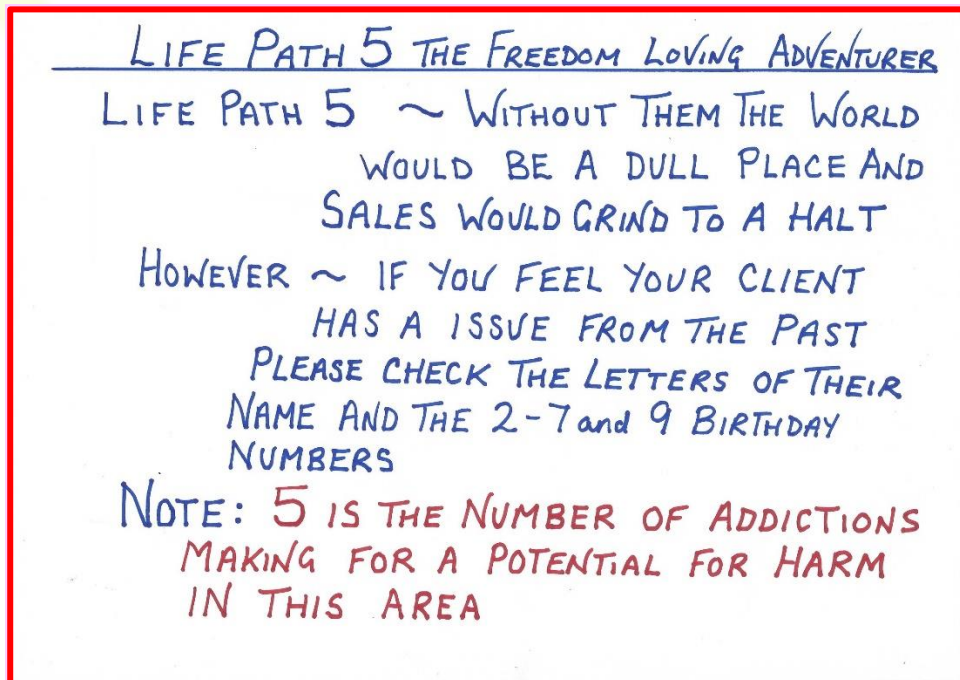
Life path 4 ~ Healer Key Notes;



Life path 5 ~ The Freedom-Loving Adventurer, here's a snapshot of their general traits:



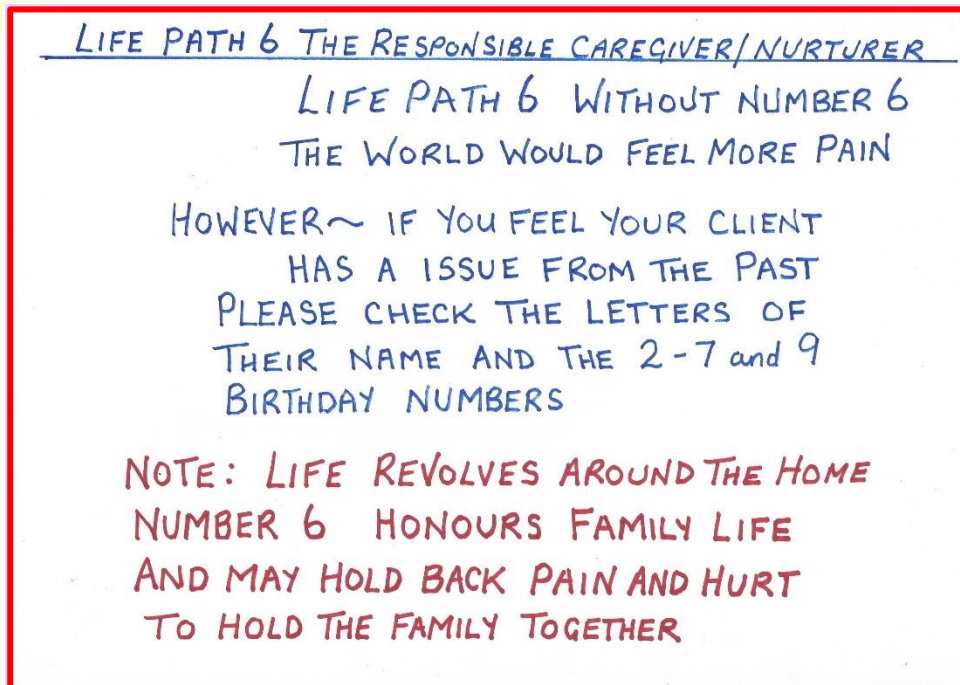
Life path 5 ~ Healer Key Notes (n.b. **RED** note below);



Life path 6 ~ The Responsible Caregiver/Nurturer, here's a snapshot of their general traits:



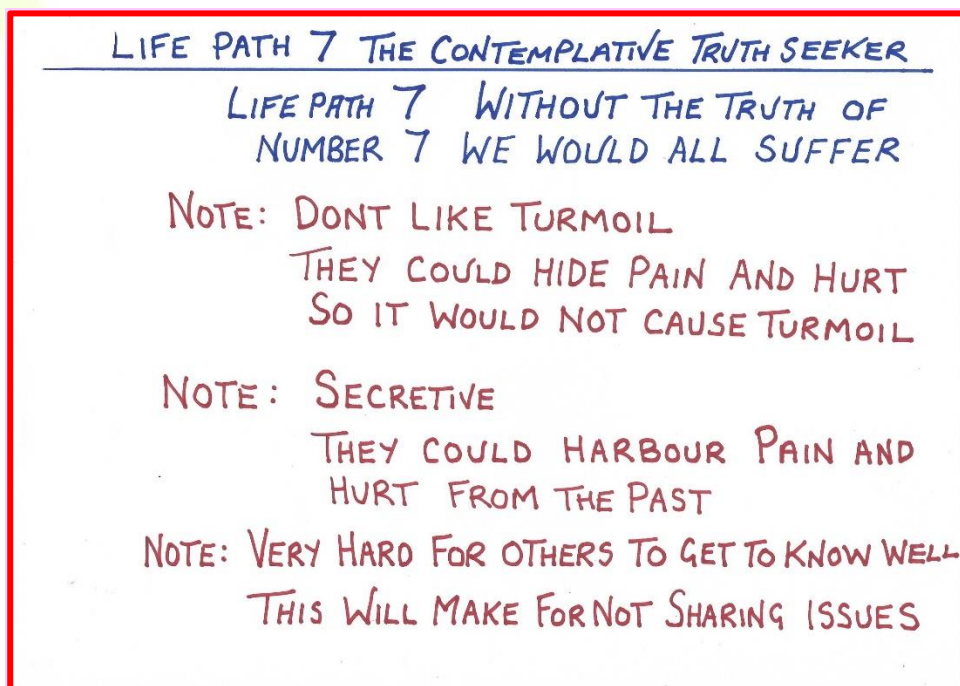
Life path 6 ~ Healer Key Notes (n.b. **RED** note below);



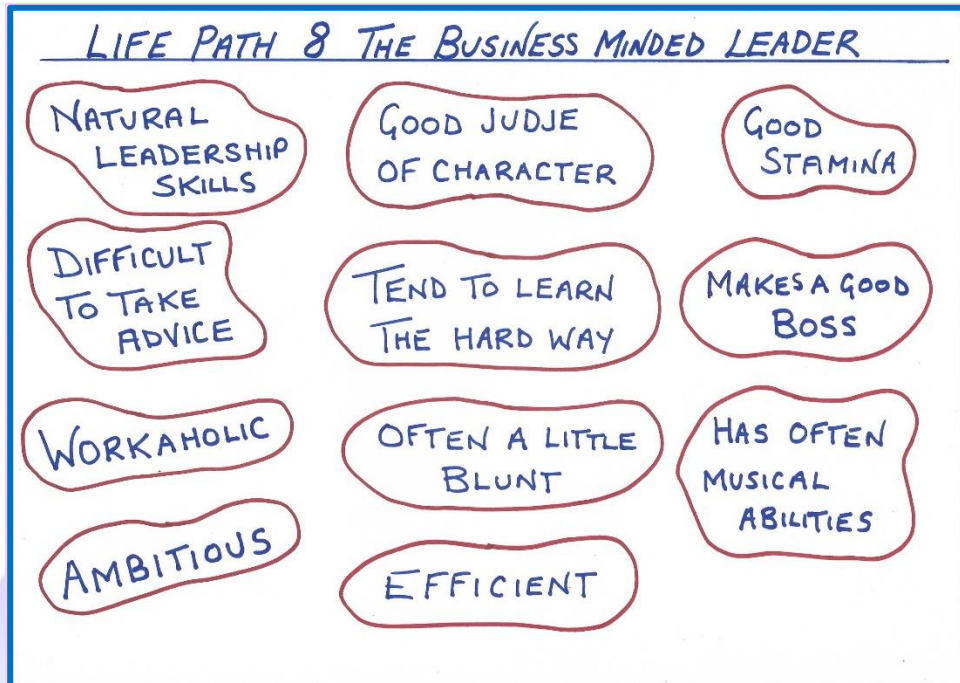
Life path 7 ~ **The Contemplative Truth Seeker**, here's a snapshot of their general traits:



Life path 7 ~ **Healer Key Notes;**



Life path 8 ~ The Business Minded Leader, here's a snapshot of their general traits:



Life path 8 ~ Healer Key Notes;

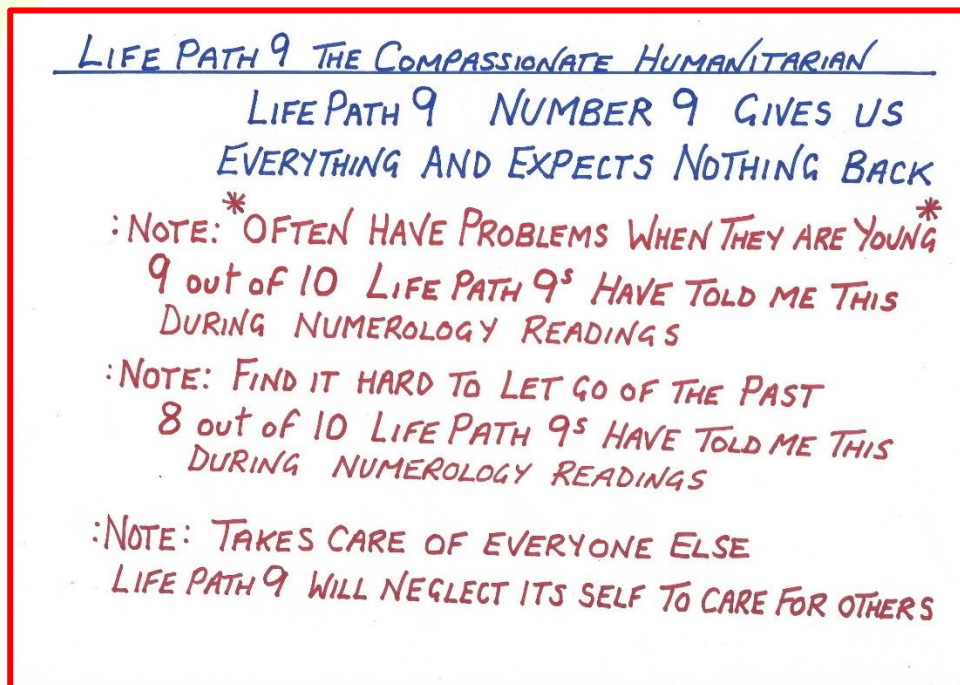
LIFE PATH 8 THE BUSINESS MINDED LEADER
LIFE PATH 8 WITHOUT NUMBER 8 THE WHEELS OF FINANCE WOULD NOT BE CARED FOR
~ HOWEVER IF YOU FEEL YOUR CLIENT HAS A ISSUE FROM THE PAST PLEASE CHECK THE LETTERS OF THEIR NAME AND THE 2 - 7 and 9 BIRTHDAY NUMBERS



Life path 9 ~ **The Compassionate Humanitarian**, here's a snapshot of their general traits:



Life path 9 ~ **Healer Key Notes;**



Life path 11 (Master Number: an enhanced life path 2) ~ The Intuitive Healer, here's a snapshot of their general traits:

LIFE PATH MASTER NUMBER 11 INTUITIVE HEALERS

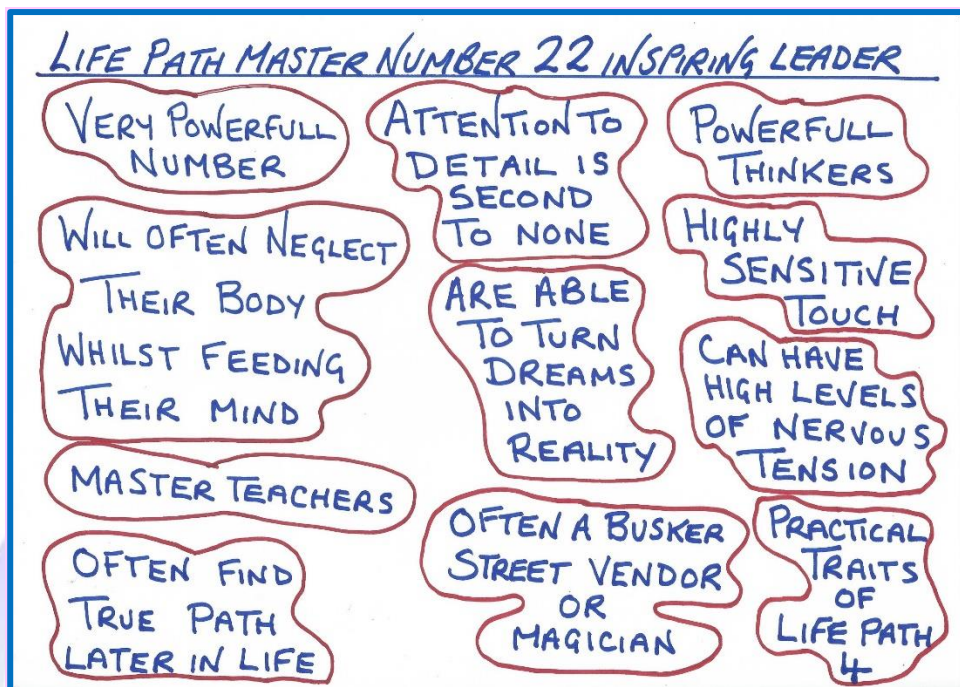
- MAKES GOOD TEACHERS AND HEALERS
- WILL OFTEN STRIVE FOR PERFECTION
- CAN BECOME DESPONDENT WHEN OTHERS DON'T SHARE THEIR VISIONS
- RELY ON FAITH RATHER THAN LOGIC
- DEEP THINKERS
- CAN BECOME A TOP-LEVEL DIPLOMAT
- A DEEP NEED FOR MUSIC IN THEIR LIVES
- NOT SUITED FOR MUNDANE WORK OR TASKS
- CAN FLIP BETWEEN CONFIDENT TO SHY
- VERY INTUITIVE
- QUALITIES OF LIFE PATH 2 MAGNIFIED

Life path 11 ~ Healer Key Notes (n.b. **RED** note below);

LIFE PATH MASTER NUMBER 11
THE VISIONARY
SEEING BEYOND PHYSICAL BOUNDARIES
QUALITIES OF LIFE PATH 2 MAGNIFIED
IF YOU FEEL YOUR CLIENT HAS A ISSUE FROM THE PAST CHECK LIFE PATH 2
ALSO CHECK THE LETTERS OF THEIR NAME AND THE 2-7 and 9 BIRTHDAY NUMBERS



Life path 22 (Master Number: an enhanced life path 4) ~ The Inspiring Leader, here's a snapshot of their general traits:



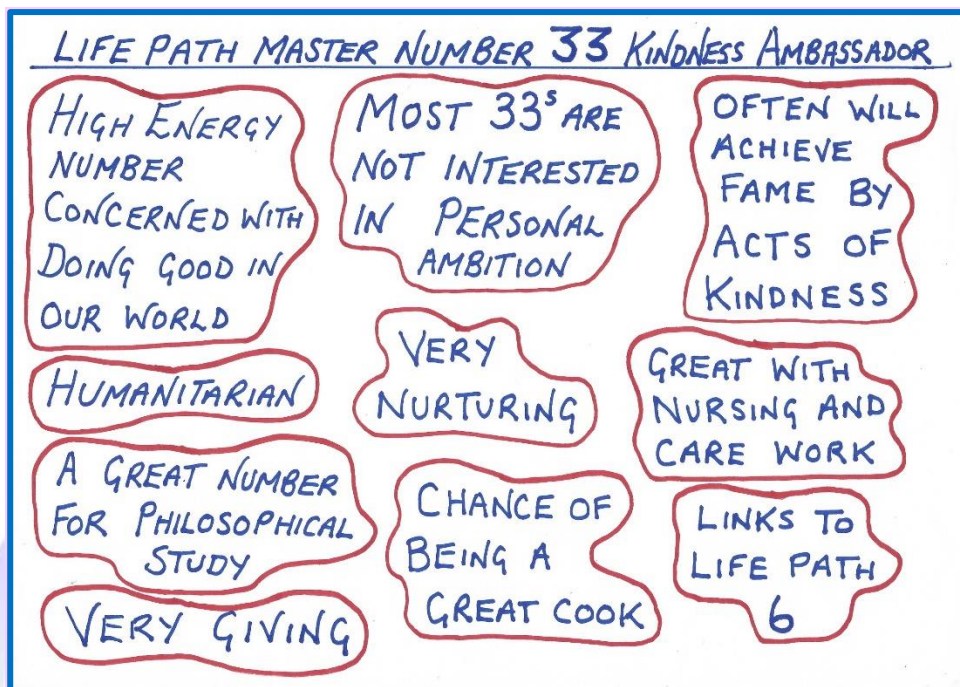
Life path 22 ~ Healer Key Notes;

LIFE PATH MASTER NUMBER 22
BUILDING OUR DREAMS

HOWEVER ~ IF YOU FEEL YOUR CLIENT HAS A ISSUE FROM THE PAST PLEASE CHECK THE LETTERS OF THEIR NAME AND THE 2-7 and 9 BIRTHDAY NUMBERS



Life path 33 (Master Number: an enhanced life path 6) ~ The Kindness Ambassador, here's a snapshot of their general traits:



Life path 33 ~ Healer Key Notes;

LIFE PATH MASTER NUMBER 33

SPREADING YOUR LOVE AND LIGHT
AND SHARING YOUR KNOWLEDGE

HOWEVER ~ IF YOU FEEL YOUR CLIENT
HAS A ISSUE FROM THE PAST PLEASE
CHECK THE LETTERS OF THEIR NAME
AND THE 2-7 and 9 BIRTHDAY NUMBERS



The 9 Birthday Number Charts (chart set 2 of 3)

The birthday number is a person's second most influential number in their numerology chart. It reflects natural personality traits both positive (greater) and what could be perceived as negative (lesser).

A person's birthday number It is simply the day of the month they were born, reduced to a single figure between 1 and 9. Examples:

- i) If you were born on **5th** of the month it would be a **5** birthday
- ii) If you were born on **16th** of the month it would be a **7** (1 + 6) birthday
- iii) If you were born on **28th** of the month it would be a **1** (2 + 8 = 10, then 1 + 0 = 1) birthday

Accompanying video 3 – on this video I'll walk you through each birthday number [here](#)

Birthday Number 1 (all those born on **1st**, **10th**, **19th** or **28th** of the month) general traits:

<u>BIRTHDAY NUMBER 1</u>	
<u>ELEMENT~FIRE BORN</u>	
<u>PLANET~SUN 1ST 10TH</u>	
<u>1 MALE ~SEES ALL 19TH 28TH</u>	
<u>THE LESSER YOU</u>	<u>THE GREATER YOU</u>
STUBBORN	LEADERSHIP
SELFISH	COURAGE
DEPRESSED	PRIDE
UNFEELING	CREATIVE
DEMANDING	ORGANISED
EGOTISTICAL	DETERMINED
FEARFUL	INVENTIVE
VENGEFUL	POSITIVE



Birthday Number 2 (all those born on 2nd, 11th, 20th or 29th of the month) general traits:

<u>BIRTHDAY NUMBER 2</u>	
<u>ELEMENT~WATER BORN 2ND</u>	
<u>PLANET~THE MOON 11th 20th</u>	
<u>2-FEMALE-RECEPTIVE 29th</u>	
<u>THE LESSER YOU</u>	<u>THE GREATER YOU</u>
SHY	INTUITIVE
AWKWARD	PATIENT
SECRETIVE	PEACEFULL
INDECISIVE	RELIABLE
INSINCERE	CONSIDERATE
CRUEL	CO-OPERATIVE
SNEAKY	DIPLOMATIC
HIGHLY-SENSITIVE	TOLERANT
NO SELF CONTROL	NEAT

Birthday Number 3 (all those born on 3rd, 12th, 21st or 30th) general traits:

<u>BIRTHDAY NUMBER 3</u>	
<u>ELEMENT~FIRE BORN 3rd</u>	
<u>PLANET~JUPITER 12th 21st</u>	
<u>3-MALE ACTIVE 30th</u>	
<u>THE LESSER YOU</u>	<u>THE GREATER YOU</u>
SCATTERED	FRIENDLY
FICKLE	PASSIONATE
DOMINEERING	SOCIABLE
PROMISCUOUS	CREATIVE
WORRYING	VERSATILE
WHINING	EXPRESSIVE
OVER-EXAGGERATING	ROMANTIC
VAIN	TALENTED



Birthday Number 4 (all those born on 4th, 13th, 22nd or 31st) general traits:

<u>BIRTHDAY NUMBER 4</u>	
<u>ELEMENT ~ AIR BORN 4th</u>	
<u>PLANET ~ URANUS 13th 22nd</u>	
<u>4 - FEMALE ~ PLANNING 31st</u>	
<u>THE LESSER YOU</u>	<u>THE GREATER YOU</u>
STUBBORN	ORGANISED
SELF-HURTING	RELIABLE
CONTROLLING	HARD-WORKING
JEALOUS	LOYAL
INSENSITIVE	HONEST
MOODY	DETERMINED
ARGUMENTATIVE	DISCIPLINED
LAZY	STEADFAST

Birthday Number 5 (all those born on 5th, 14th or 23rd) general traits:

<u>BIRTHDAY NUMBER 5</u>	
<u>ELEMENT ~ AIR BORN 5th</u>	
<u>PLANET ~ MERCURY 14th</u>	
<u>5 - MALE ~ THRUSTING 23rd</u>	
<u>THE LESSER YOU</u>	<u>THE GREATER YOU</u>
CRITICAL	EXCITING
OVER-INDULGENCE	HUMOROUS
SELF-INDULGENCE	FLAMBOYANT
UNRELIABLE	ADVENTUROUS
WASTEFUL	INTELLIGENT
MOODY	DRAMATIC
IRRESPONSIBLE	FREE-THINKING
JEALOUS	ADAPTABLE



Birthday Number 6 (all those born on **6th**, **15th** or **24th**) general traits:

<u>BIRTHDAY NUMBER 6</u>	
<u>ELEMENT~EARTH BORN</u>	
<u>PLANET~VENUS 6TH</u>	
<u>6~FEMALE~CREATION 15th 24th</u>	
<u>THE LESSER YOU</u>	<u>THE GREATER YOU</u>
CYNICAL	PEACEMAKER
JEALOUS	SPIRITUAL
MEDDLING	MAGNETIC
NAGGING	HOME-LOVING
STIFLING	SYMPATHETIC
UNBALANCED	COUNCILLER
WORRYING	UNSELFISH
SELFISH	CARER

Birthday Number 7 (all those born on **7th**, **16th** or **25th**) general traits:

<u>BIRTHDAY NUMBER 7</u>	
<u>ELEMENT~WATER BORN</u>	
<u>PLANET~NEPTUNE 7TH 16TH</u>	
<u>7~MALE~GUARDING 25TH</u>	
<u>THE LESSER YOU</u>	<u>THE GREATER YOU</u>
SECRETIVE	SPIRITUAL
LONELY	MYSTICAL
SHY	HEALER
FEARFUL	PSYCHIC
STAND-OFFISH	TRUSTING
DEVIOS	INTUITIVE
SLOW-MOVING	ARTISTIC
SELF-CRITICAL	SYMPATHETIC



Birthday Number 8 (all those born on 8th, 17th or 26th) general traits:

<u>BIRTHDAY NUMBER 8</u>	
<u>ELEMENT~EARTH BORN</u>	
<u>PLANET~NEPTUNE 8TH</u>	
<u>8~FEMALE~EQUALITY 26TH 17TH</u>	
<u>THE LESSER YOU</u>	<u>THE GREATER YOU</u>
BULLY	FAME
ANGER ISSUES	HELPFUL
GREEDY	LEADERSHIP
DICTATOR	CHARITABLE
SCHEMING	POWER
OPPRESSIVE	SUCCESSFUL
POWER HUNGRY	ORGANISED
MONEY ISSUES	HUMANITARIAN

Birthday Number 9 (all those born on 9th, 18th or 27th) general traits:

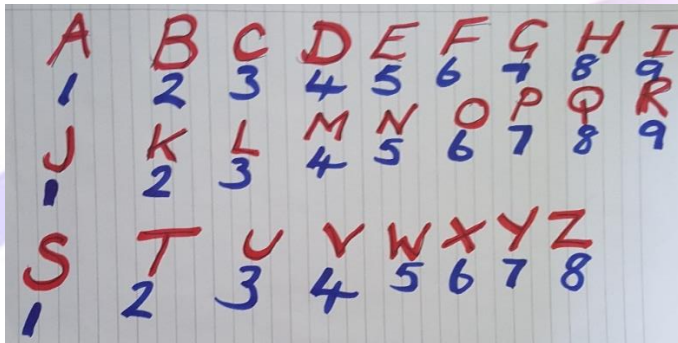
<u>BIRTHDAY NUMBER 9</u>	
<u>ELEMENT~FIRE BORN</u>	
<u>PLANET~MARS 9TH 18TH</u>	
<u>9~MALE~KNOWLEDGE 27TH</u>	
<u>THE LESSER YOU</u>	<u>THE GREATER YOU</u>
APATHY	LOVING
SELFISH	INTELLIGENT
NARROW-MINDED	INSPIRATIONAL
IMPULSIVE	PASSIONATE
EMOTIONAL	PSYCHIC
SELF-PITY	PHILOSOPHICAL
SHY	CREATIVE
PASSIVE	SPIRITUAL
BITTER	HUMANITARIAN



The 26 Alphabet Charts (chart set 3 of 3)

All 26 letters of the alphabet have a set of general traits, you'll recognise quite a few from the letters in your own name but not necessarily all of them as you have free will and you will change over time as you learn (usually the hard way 😊) and experience life.

Here's a recap of the underlying number (1 – 9) of each letter in the alphabet:



Encoded in your name is a blend of all the corresponding general traits from each letter.

Accompanying videos 4 & 5 – on these 2 videos, I'll walk you through each letter and its corresponding traits. For letters A - M [here](#) and for letters N – Z [here](#)

Here's what each letter represents (note the **red** ones):

<p>MALE A SENSITIVE ①</p> <ul style="list-style-type: none"> CALM BALANCED HIDES ITS POWER CAN BE A LEADER STRONG MIND POWERFUL TEAMWORKER BECOMES CONFIDENT IN TIME CAN BE A LITTLE QUIET GOOD WITH DETAILS LIKES ADVENTURE GOOD WITH NUMBERS 	<p>FEMALE B RECEPTIVE ②</p> <ul style="list-style-type: none"> SENSITIVE TEAMWORKER VERY CARING SUBMISSIVE VERY THOROUGH PASSIVE LOVES ANIMALS DWELLS ON PAST EVENTS NEEDS AFFECTION CAN BE SHY SOMETIMES SECRETIVE WONDERFUL FRIENDS
<p>MALE C ACTIVE ③</p> <ul style="list-style-type: none"> GOOD TALKER PEOPLE MAGNET ARTISTIC GOOD IDEAS LOVES MUSIC LIKES DANCING CAN SCATTER ENERGY EASILY BORED SOMETIMES SENSITIVE SOCIABLE LOVES PARTYS 	<p>FEMALE D PLANNING ④</p> <ul style="list-style-type: none"> VERY ORGANISED HARDWORKER NON-EMOTIONAL GOOD WITH TIME-KEEPING GOOD WITH INSTRUCTIONS HAMPERED BY NON-COMMITAL INDEPENDENT GROWS UP QUICKLY NOT EASILY BORED WORK WELL WITH H



MALE E THRUSTING (5)

- LOVES FREEDOM
- NEEDS A PARTNER
- NEEDS CHANGE
- ADAPTABLE
- VERSATILE
- NEEDS UNDERSTANDING
- LOVES PARTYS
- LIKES TO TALK
- MOODY
- SENSUAL
- SEXUAL
- MAYBE ADDICTIONS

FEMALE F NURTURE (6)

- GIVES AFFECTION EASILY
- SENSITIVE
- RECEPTIVE
- VERY CARING
- VERY LOVING
- TAKES ON HEAVY BURDENS
- OFTEN HAS A STRONG SIXTH SENSE
- WONDERFUL IN A TEAM
- GOOD AT CARING AND NURSING
- CAN BE HURT BY E

MALE G GAURDING (7)

- SECRETIVE
- LIKES PERFECTION
- OFTEN LONELY
- LOVES READING
- GOOD AT WORKING ALONE
- GOOD WILLPOWER
- GOOD WITH SOCIAL MEDIA
- GOOD AT TECHNICAL WORK
- MISUNDERSTOOD
- VERY FEW FRIENDS
- COULD BE FRIENDS WITH I

FEMALE H EQUALITY (8)

- AFFECTED BY CHANGE
- CAN BE A LEADER
- GOOD TIME-KEEPER
- STRONG MIND
- OFTEN LIKES MATERIAL VALUES
- OFTEN EARNS WELL
- GOOD IN A TEAM
- FAST PACED
- NOT EASILY HURT

MALE I I-AM (9)

- VERY LOVING
- HIGH ENERGY
- MAKES SACRIFICES
- SENSITIVE
- ARTISTIC
- CREATIVE
- VERY TRUSTWORTHY
- GOOD WORKING ALONE
- SYMPATHETIC
- WORKS WELL WITH C AND F
- GOOD WITH CRAFTS

MALE J JUSTICE (10)

- STRONG MIND
- GOOD WITH IDEAS
- CAN BE A SLOW STARTER
- MAKES FRIENDS WITH G
- WITTY
- CAN BE GOOD FUN
- GOOD WITH INNOVATION
- CAN CALM E DOWN
- SHAKY CONFIDENCE AT TIMES
- HONEST
- HAS FLASHES OF INSIGHTS

MALE FEMALE K SPIRITUAL (11/2)

- INSPIRER
- VERY CREATIVE
- HAS HIDDEN CHARISMA
- GOOD WITH FINE DETAILS
- VERY OPEN TO SPIRIT
- FEELS PAIN OF OTHERS
- HIGHLY INTUITIVE
- CAN INSPIRE OTHERS
- NATURAL HEALER
- LOVES HARMONY
- CAN BECOME NON-JUDGEMENTAL

MALE L SELF EXPRESSION (12-3)

- SOCIALABLE
- GREAT AT NETWORKING
- GOOD WITH JUDGEMENT
- SOMETIMES SENSITIVE
- GOOD WITH IDEAS
- DEVOTED
- STRONG DESIRES
- CAN HELP C
- CARES DEEPLY
- ORGANISED
- MUSICAL
- MUST LOOK AFTER FINANCES



FEMALE M MECHANICAL 13/4

- ORGANISED
- HARDWORKER
- GOOD DISCIPLINE
- VERY THOROUGH
- HARD TO GET TO KNOW
- GOOD WITH MUNDANE TASKS
- GOOD FOR SELF EMPLOYMENT
- LIKES TO GET DIRTY
- CAN FIX NEARLY EVERYTHING
- SOMETIMES LIMITED VIEWPOINT

MALE N IMPULSIVE 14/5

- RESTLESS
- GOOD NETWORKER
- GOOD WITH SOCIAL MEDIA
- GOOD WITH NUMBERS
- ADAPTABLE
- SENSUAL
- HUMAN ANTENNA PICKS UP EVERYTHING
- GOOD AS A REP
- GREAT AT HARNESSING OTHER PEOPLES ENERGY
- LUCKY WITH SPECULATION

FEMALE O MYSTERY 15/6

- SECRETIVE
- GIVES BEYOND MEASURE
- HIDES STRONG EMOTIONS
- RESPONSIBLE
- ADVENTUROUS
- DETECTIVE ABILITIES
- GOOD WRITING TYPING SKILLS
- GOOD REPORTERS
- SEEKS THE TRUTH
- HIDES PAST HURTS

MALE P HOLDS BACK 16/7

- WORKS WELL ALONE
- SECRETIVE
- OFTEN LONELY
- PHILOSOPHERS
- SPIRITUAL
- IS VERY GOOD AT WORKING BEHIND PROJECTS
- FEELS DEEPLY
- GOOD WITH ANIMALS
- COULD BECOME A HEALER
- CAN BE CALMING TO E
- GOOD FOR WORK WITH G

FEMALE Q SOLVER OF 17/8

- VERY POWERFUL
- CAN ACHIEVE WEALTH
- ECCENTRIC
- GOOD DIRECTORS
- UNUSUAL
- GOOD IN CHARGE
- GREAT PROBLEM SOLVERS
- VIVID IMAGINATION
- SOCIABLE
- STANDS TALL

MALE R KNOWLEDGE 18/9

- VERY TOLERANT
- SIGNIFICANT POWER POTENTIAL
- CAN BE VERY EMOTIONAL
- GOOD IN A TEAM
- CAN BE INSPIRATIONAL
- HOLDS BACK DESIRES
- VERY GOOD TEACHERS
- DEEP THINKER
- CAN BE TAKEN ADVANTAGE OF
- OFTEN BURDENED BY EMOTION

MALE S SENSUAL 19/1

- GOOD LISTENER
- CREATIVE
- CLEAR THINKER
- GOOD WORKING ALONE
- AMBITIOUS
- INDEPENDANT
- VERY SENSUAL
- OFTEN HIGH S__ DRIVE
- GOOD FRIENDS WITH E
- CHARMING
- DONT WORRY WHAT OTHERS THINK

FEMALE T SUBMISSIVE 20/2

- LIKES TEAMWORK
- CAN BE VERY EMOTIONAL
- VERY PATIENT
- HIDES PAST TRAUMA
- LIFE LONG FRIEND
- CAN BE SELF-CRITICAL
- SEEKS ENLIGHTENMENT
- WILL SACRIFICE THINGS FOR OTHERS
- NEEDS A SPECIAL PARTNER
- OFTEN GOOD WITH TECHNICAL ISSUES
- PROTECTED BY D AND H



MALE U SPIRIT TALKER

21/3

- WORDSMITH VERY GOOD WITH WORDS
- STRONG GUT FEELINGS
- FEELS PAIN OF OTHERS
- RESPONDS WELL TO OTHERS
- CAN SCATTER ENERGY
- SENSITIVE
- WORKS WELL C AND F
- CAN BE VERY HOT OR ICE COLD
- MUSICAL
- MAY LEAN TOWARD OPPOSITE SEX

FEMALE V DREAM BUILDER 22/4

- VERY PRACTICAL
- VERY INTUITIVE
- GOOD WITH DEALS
- SOMETIMES STUBBORN
- LOYAL
- CONFIDENT
- NEEDS A HOME WHICH IS SOLID
- CAN BE A DULL WORKAHOLIC
- DOES WELL MANAGING OTHERS
- NUMBER 3 or C or L BENEFIT FROM V IN BUSINESS
- VERY BALANCED

MALE W THE HELPER

23/5

- GOOD TALKER
- GOOD AT SELLING
- A LITTLE RESTLESS
- WILL TAKE ON CHALLENGES
- HAS GOOD IDEAS
- WORK VERY WELL WITH SOCIAL MEDIA
- GOOD WITH SECURITY
- TEAMWORKER
- CHOOSES UNUSUAL HOLIDAYS
- NON-EGOTISICAL

FEMALE X VULNERABLE

24/6

- TAKES ON OTHER PEOPLES PROBLEMS
- SACRIFICES OWN HEALTH FOR OTHERS
- LOTS OF UPHEAVALS
- VERY RESPONSIBLE
- EMOTIONAL
- KINDNESS TO ALL
- NON-JUDGEMENTAL
- RESPECTING
- WARM PERSONALITY
- MAKES GOOD COUNCILLERS

MALE Y CODE BREAKER

25/7

- RESERVED
- WORKS BEST ALONE
- SECRETIVE
- STRONG MIND
- FEELS DEEPLY
- VERY STRONG PSYCHIC POWER
- INSIGHTS INTO HIGHER REALMS
- SENSUAL
- STEADY HANDS
- MYSTICAL
- MUST LEARN TO TRUST THE POWER OF Y

FEMALE Z FORWARDS

26/8

- GOOD WILL POWER
- DYNAMIC
- CAN BECOME A LEADER
- KEEPS EMOTIONS IN CHECK
- CONFIDENT
- QUICK THINKER
- GOOD IN DEBATES
- SHOULD SPEND SOME CHILL-OUT TIME WITH C AND L
- NEEDS GOOD REST
- HONEST

